




# CAPITAL CLUB



*Fitness  
Center*

Come and Join Our Renovated Fitness Center  
Monthly, Quarterly and Annual Memberships Available



Cybex® and Hammer Strength®

Complimentary coffee every morning

Smart Moves Circuit Training

Personal LCD screens

Jacuzzi

Indoor Relaxation Pool

Cardio Theater

Precor® Ellipticals

Massage Therapy

Customized Weight Management Programs

Complimentary Towel Service

**Open 7 Days a Week!**

Hours of Operation

6th Floor (fitness center)

Monday - Saturday 5:30am-10:00pm

Sunday 7:00am-7:00pm

8th Floor (pool and jacuzzi)

Monday - Friday 5:30am-10:00pm

Saturday - Sunday 6:00am-10:00pm

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Located at The Westin Providence

One West Exchange Street

Providence, RI 02903 401 598-8277

\*\* We are sorry, but at this time we do not offer free parking.

